

Ex WARPAIN 14- The Round Up

69 Gurkha Field Squadron



Work Begins.

EX WARPAIN 14 is well under way and the first two weeks have involved a considerable amount of work from everyone to get the exercise off to an effective start. Briefs have taken place, orders have been delivered and hard hats have been donned as the sites were set up and work began.

This news letter will fill you in on what the Squadron has achieved so far.

Photos: Spr Sangum SQMS
Dept

LCpl Main RAMC, attached to 69 Gurkha Field Sqn shares her experiences of medical issues on Ex WARPAIN 14

'Arriving in Calgary it was bitter cold and I knew this was not going to be an easy exercise.

Day one briefs brought reality to the forefront of my mind, knowing that 69 Gurkha Field Sqn would have to endure freezing temperatures making even simple tasks extremely difficult.

The challenge for the medical side has been ensuring our soldiers were warm and had the correct issued kit for the day's work as they experienced temperatures plummeting to below -40° in the first few days after we arrived. I conducted lessons re-emphasizing the dangers of cold weather and how to prevent cold weather injuries, I am particularly worried about frost bite and frost nip. I started things off by inspecting G Troops feet!

As this exercise continues more challenges will be endured, as from now we prepare for all challenges to come, hopefully it will warm up.'

Special events over the past fortnight:

- The Squadron celebrated the promotion of LCpl Rabin Thapa, LCpl Ujjawal Glan and LCpl Mirak Kandanwa from Sapper to Lance Corporal
- 2IC Capt Dirgha learns to ski at hidden valley and masters the slopes in one day!



Cpl Main prepares the Sqn for the cold

“ A unique experience with distinctive challenges”

**Capt Hugo Engelbrecht
Ops Officer Ex WARPAIN 14**

60 Seconds with ... Capt Shaun Mayland Ech Comd



Who is your favorite news presenter?

Susannah Reid- I like her disheveled hair.

What is your favorite meat?

Steak, rare, no question.

What have you given up this exercise?

Cookies and chips- if I fail its robbo cop.

Who is best at squash, you or the OC?

I have better skills he has fitness. That is the diplomatic answer.

Who is the best looking Troop Commander in 69 GFS?

He isn't with WP14. He has the body of an Adonis.

Artic rabbit or Coyote?

Coyote.

Whats your favorite Nepalese dish?

Onion Bhajjis

What can you not live without?

ermmmm fast WI-FI.

Basketball or Badminton?

Badminton.



A Tradesman's perspective- Fabrication Troop by Sapper Rajendra Rai (Class 2 Carpenter)

The Fabrication Troop is going to be key throughout the exercise. We have spent a lot of time since day one collecting all of the resources and equipment we need and setting up the workshop for carpentry and welding. We have also had many briefs about the exercise and the challenges to come from the Troop Commander and the Troop Sgt. This week we have begun the huge task of fabricating 13 wooden tented accommodation plinths. I am confident because of the preparation we have done that the troop will achieve our mission

Despite temperatures below -30° everyone is ready mentally and physically. Motivation and enthusiasm is high enough to cope with any upcoming challenges and we look forward to the opportunity.

2 Troop (G) Troop Update- By Spr Dhiraj Rai

Members of 2 Troop prepare for the challenges ahead.



We deployed to Canada for Ex WARPAIN on 27th of January and landed on 28th of January in Calgary International airport of Canada. It was very cold and there were snow all over the place. We had brief of the rules and regulations of Canada on the second day. On the third day we went to our office area and we were given the store for our task.. We were given off on Sunday and Saturday was our half.

There is a small town called Medicine Hat 1 hour drive from our camp and we went there on Saturday afternoon for a couple of drinks. We started our task on Monday morning. We had our movement orders at 0800hrs from Lt Richardson and we went to our task site at 1000 hours. It was so cold that the road was covered with snow.

The temperature was -30° we nearly froze on our way to the task. Due to the bitter cold weather our task was postponed and we returned back to our camp. The next day we cut timbers in camp which we plan to use as electric poles for the exercise village Kirikay. Our task over the next few weeks is to make the village of Kirikay more realistic and involves building an observation post and a cemetery!

1 (I) TROOP'S FIRST CHALLENGE: WORK ON CAMP.

1 Troop have been able to make real progress in their first task this week despite the cold weather. Efforts have been concentrated on improving the resources yard which BATUS uses to store vital kit and equipment. The first challenge has been pulling down an old fence and erecting a new one. Simple tasks can become complex in Canada, with the Troop dealing with pickets shattering in the cold and augers unable to break through the permafrost!

1 Troop battle the elements on the resources yard.



To write to 69 Gurkha Field Squadron:

Number Rank and Name

Troop or Department

Battle Group

Ex WARPAINT14

BFPO 670

Or contact us via Facebook :

36 Engineer Regiment page
QGEA page

Site:
www.QGEA.org

A DATE FOR THE DIARY:

19th-26th Feb –
Commanding Officer visit

"Sonaulo mauka"

Sgt Ram Rai
Fabrication WkShops

WEATHER WATCH:

Lowest: - 26° (-46° with
wind chill Wed 05 Feb)

Highest: -8° (-12 with
wind chill Fri 07 Feb)

A message from the OC. Maj Mark Hendry

HATTI AYO, HATTI AYO..... HATI!

It has certainly been a challenging opening period for the entire Squadron and I have been particularly impressed with how joshi our boys have been despite the temperatures. The exercise is testing every department and already it's good to see our tradesman rapidly improving their trade skills and ability to think laterally when required. It's also great fun to have so many attachments to the Squadron who have all integrated quickly and fully into daily life.

A **thulo Namaskar** to our Squadron rear-party who, under Captain Fran Rizzuti and Staff Sergeant Khelendra Gurung, are also hard at work ensuring we support the Regiment and prepare for what will be a busy period when we return.

A particular highlight for the Squadron was news of our LCpl promotions and hearing the great news of Major Dev Gurung being selected as the next Gurkha Major –Thulo shvbas sabai haru lai! Jai QGE and 69 San!



The command group discuss vital plans.



The OC awards new LCpls their tapes.

